

Preventing Handwriting Difficulties

Pointing In The Right Direction... to preventing handwriting difficulties A program for 4½ to 5½ Year Olds

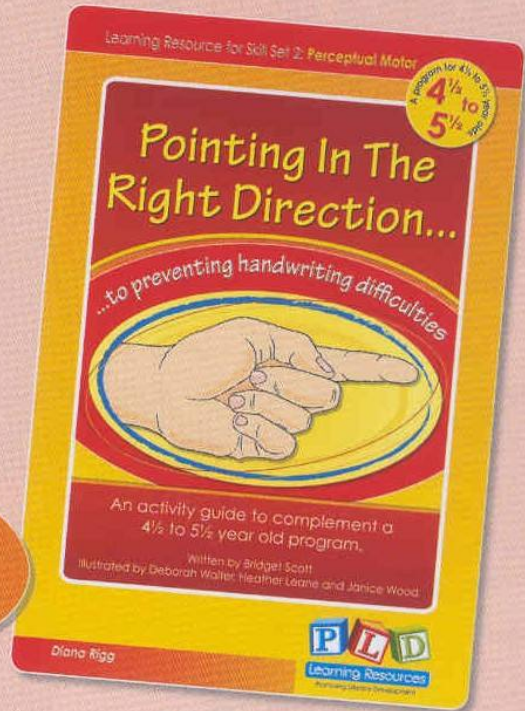
Pointing in the Right Direction introduces a comprehensive pre-handwriting program incorporating activities targeting:

- Pencil grasp, paper position, posture and the rehearsal of pre-writing formation patterns.
- Oculomotor and visual-perceptual tasks are also incorporated in the program targeting skills such as tracking, visual memory and visual discrimination.

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\$104.50 (Incl. GST)

Full Year Program
305 Pages
Multiple Activities
With Instructions



Checklist For Letter Formation Readiness

Writing/Drawing

Name: _____ Age: _____ Date: _____

POSTURE WHILST WRITING/ COLOURING/ DRAWING

Side View Yes No

Slumped Backwards Yes No

Slumped Forwards Yes No

PENCIL GRIP

Right Left Both Swapping

Dagger Pronate Quadropod Static Tripod Other

TIGHTNESS OF GRASP

Loose Tight Just right

PRESSURE ON PAGE

Heavy Light Just right

COPYING (completes consistently in correct direction)

Sideways sideways left to right Yes No

Tall lines and short lines Yes No

Starts with a slant goes back & around Yes No

Finish with a tail Yes No

Zig Zags

Yes No

Yo Yo letter... tall lines jump up and around Yes No

Up and Over/Down and Under Yes No

Page and worksheet examples

Thumb Finger Touching

Start with one hand at a time and touch the thumb tip to the index finger tip, the middle finger tip, the ring finger tip and then the little finger tip. Then reverse the action by starting at the little finger tip and working back up to the index finger. Repeat with the other hand. Repeat with both hands together. Try with eyes closed as well.

Finger Flicks

Flick each finger individual finger on a table top as if flicking away a small object.

Finger Taps

Tap individual fingers on a table top in a sequence e.g. index then thumb then little fingers.

Clothes Peg Push Ups

Use thumb and index finger to squeeze clothes peg open and shut. Repeat 10 times.

Guess what the picture is then join the dots and find out.